

SARASWATI AYURVED HOSPITAL & MEDICAL COLLEGE

GHARUAN, MOHALI, PUNJAB (AYU0407)

EVENT REPORT

11th Ayurveda Day 2026

PLANTATION DRIVE

“Ayurveda for a Healthier Tomorrow”

Date: 21 September 2026 Venue: Mata Tripur Sundari Mandir, Morinda, Punjab

SARASWATI AYURVED HOSPITAL & MEDICAL COLLEGE, GHARUAN, MOHALI, PUNJAB (AYU0407)

11वां आयुर्वेद दिवस 2026

के अवसर पर आयोजित

निःशुल्क आयुर्वेदिक चिकित्सा शिविर

स्वस्थ समाज, स्वस्थ कल

निःशुल्क परामर्श | निःशुल्क आयुर्वेदिक औषधियाँ | रोगों की रोकथाम हेतु आहार एवं जीवनशैली परामर्श | सभी आयु वर्ग के लिए

रोगियों का प्रकृति परीक्षण | वृक्षारोपण अभियान

आपकी प्रकृति, आपकी सोहत की कुंजी | आयुर्वेद के संग, हरित भविष्य की ओर

दिनांक 21/09/2026 (सोमवार) | **समय** सुबह 10 बजे से दोपहर 2 बजे तक | **स्थान** श्री राम धर्माश्रम ट्रस्ट, गोवर्धन गौशाला, मोरिंदा (बैकसाइड बस स्टैंड) पंजाब

आयुर्वेद अपनाएं | स्वस्थ जीवन पाएं

Under the guidance of Prof. (Dr.) Nitin Juneja, Principal

1. Programme Overview

A plantation drive was organized on 21 September 2026 at Mata Tripur Sundari Mandir, Morinda, Punjab, as part of the 11th Ayurveda Day 2026 celebrations. The programme was conducted under the guidance of Prof. (Dr.) Nitin Juneja, Principal, Saraswati Ayurved Hospital & Medical College, Gharuan, Mohali, Punjab (AYU0407).

The activity aimed to promote environmental awareness, conservation of plant resources and community participation in plantation. A total of **39 plants** were donated and distributed among local community members. Participants encouraged people to plant, nurture and care for plants, highlighting their role in ecological balance and a healthy environment. The programme was successfully conducted with active participation and cooperation from the local community.

2. Faculty and Student Participation

- Dr. Nidhi Sharma (DMS)
- Prof. (Dr.) Rachin Shivgotra
- Dr. Ritu Rani (Associate Professor & HOD, Dravyaguna)
- Dr. Neha Patyal (Associate Professor)
- Dr. Sidhi (Assistant Professor)
- BAMS students

3. Minute-to-Minute Programme

GPS Time	Activity / Documentation
10:39 AM	Initial indoor documentation and preparation of plants.
11:11 AM	Plantation drive team and plant distribution activity documented.
11:14 AM	Faculty/team members with potted plants; distribution activity.
11:17 AM	Team photograph and event documentation at the venue.
Time not legible	Additional group photograph documenting the programme.
12:25 PM	Plant distribution and interaction with participants/community members.
12:25 PM	Additional documentation of the plantation drive.
12:29 PM	Outdoor plantation activity and plant handover.
12:30 PM	Outdoor plantation activity and concluding documentation.

Outcome: 39 plants were donated/distributed to community members, with awareness generated regarding plantation, plant care and environmental responsibility.

Submitted by: Prof. (Dr.) Vishesh Sharma, Nodal Officer, 11th Ayurveda Day 2026

Coordinator: Dr. Nancy Shahi, 11th Ayurveda Day 2026



IMG_7701.jpeg | Plantation Drive, Mata Tripur Sundari Mandir, Morinda, Punjab | 21 September 2026



IMG_7703.jpeg | Plantation Drive, Mata Tripur Sundari Mandir, Morinda, Punjab | 21 September 2026



IMG_7700.jpeg | Plantation Drive, Mata Tripur Sundari Mandir, Morinda, Punjab | 21 September 2026



IMG_7695.jpeg | Plantation Drive, Mata Tripur Sundari Mandir, Morinda, Punjab | 21 September 2026



IMG_7698.jpeg | Plantation Drive, Mata Tripur Sundari Mandir, Morinda, Punjab | 21 September 2026

GPS PHOTO 6 — 12:25 PM



IMG_7696.jpeg | Plantation Drive, Mata Tripur Sundari Mandir, Morinda, Punjab | 21 September 2026



IMG_7702.jpeg | Plantation Drive, Mata Tripur Sundari Mandir, Morinda, Punjab | 21 September 2026



IMG_7706.jpeg | Plantation Drive, Mata Tripur Sundari Mandir, Morinda, Punjab | 21 September 2026



IMG_7705.jpeg | Plantation Drive, Mata Tripur Sundari Mandir, Morinda, Punjab | 21 September 2026